



### PEANUT SENSITIVE POLICY

As a camp dedicated to the some of the youngest members of our community, we understand that many of our campers are not old enough to make sound decisions when it comes to what should go into their mouths and are therefore less able to manage their allergies. While our staff does an amazing job of cleaning and wiping down playing surfaces, toys, and chairs, there are some children within our camp who could have a serious allergic reaction from contact with even a microscopic amount of the offending foods. As we work on transition with the little ones, there are many instances where children use common space within our facility and it is because of this that we have decided to make our camp a Peanut Sensitive camp.

We ask that no peanuts be brought into our camp. Foods sent in for snack, lunch, or any event (including parties, field trips, etc.) should be carefully checked to make sure they are peanut free. This means the product cannot contain peanuts and cannot have the following warnings: “may contain...”; “processed in a facility...”, and “manufactured on shared equipment...” Families can help ensure that our camp stays peanut free by reading packaging labels and by reminding children not to share food with other children at camp. We need to make sure that there is little opportunity for a child to be exposed to foods that could harm him/her.

For your reference we have compiled a list of items for a peanut free snack. This policy will be available on our website for you to refer to throughout the summer. We appreciate your cooperation with this policy—the sacrifice of not having nuts or nut products in the camp is a small one to make compared to the consequences a child with severe allergies could face. If you have any questions, please do not hesitate to contact the camp director.

Peanut free lunch and snack ideas (this is partial list):

- Yogurt
- Cereal (without nuts)
- Vegetables with dip
- Fruit cocktail
- Graham crackers
- Saltine crackers
- Popcorn
- Fruit Roll-ups
- Applesauce

Tortilla chips & salsa  
Granola bars (not peanut butter)  
Cheese or cheese sticks  
Pudding  
Canned fruits  
Pretzels  
Animal crackers  
Hard-boiled egg  
Cottage cheese  
Raisins  
Granola  
Tuna sandwich  
Egg salad sandwich  
Cheese sandwich  
Jelly sandwich  
Pasta  
Crackers and hummus  
Pizza bagel

While we are dedicated to being peanut free, there are instances when peanuts are brought in accidentally, and by other groups using our campus. While we cannot guarantee a peanut-free environment, we will do our best.